

PARENT CHILD PRESCHOOLS OF OREGON

2010 Early Childhood Education
and Parenting Conference

*New format –
time for three
workshops!*

Saturday, March 6

PCPO (Parent Child Preschools of Oregon) is a non-profit organization of over 65 co-op preschools, and 2000 families and teachers throughout Oregon and Washington. Co-op preschools are operated by a group of parents who take an active role in their children's first educational experience. Parents assist the teacher in the classroom, are given opportunities for education, and are involved in decision-making. All PCPO member schools operate independently within the co-operative preschool philosophy. *Learn more at www.OregonPreschools.org.*

Parent Child Preschools of Oregon
PO Box 230327
Tigard, OR 97281-0327



PARENT CHILD PRESCHOOLS OF OREGON

presents

**2010 Early Childhood Education
and Parenting Conference**



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Building Lifelong Learners

Saturday, March 6

Athey Creek Middle School in West Linn

MARCH 6

CONFERENCE SCHEDULE

Registration	8:15 - 9:00
Workshop Session 1	9:00 - 10:30
PCPO Welcome/Vendor Displays	10:30 - 11
Workshop Session 2	11 - 12:30
Lunch/Vendor Displays	12:30 - 1:45
Workshop Session 3	1:45 - 3:15
Vendors remain open until	3:30

CONFERENCE LOCATION AND DIRECTIONS

Athey Creek Middle School
2900 SW Borland Road
West Linn, Oregon

- Take I-205 to Stafford Road, Exit 3
- Go north on Stafford Road,
- Enter the roundabout at the intersection with Borland Road.
- Take the third exit off the roundabout to go west on Borland Road.
- Go right at the Athey Creek Middle School sign.



For more information
contact PCPO
(503) 293-6161
www.OregonPreschools.org

GENERAL INFORMATION

PCPO Group Fee - A PCPO member school group fee may have been paid allowing your school's members to attend the conference at the lowest rate. Your PCPO Rep or Treasurer will know if your school has chosen to prepay the group fee.

Scholarships - A limited number of scholarships for discounted fees are available upon written request. Scholarships will be awarded on a first come, first served basis with priority given to PCPO members.

Refunds - We regret we are unable to issue refunds.

Check-In - When you arrive, please check in at the registration desk. You may pick up your agenda, workshop assignments and a map at that time. Workshops begin promptly at 9 AM.

Child Care Division Credits - Certificates for CCD credits needed by child care workers will be available at the end of the day.

Displays & Vendors - Displays and vendors will be available before, during and after the conference workshops. Some offer merchandise to purchase. Major credit cards and personal checks may not be accepted by all (bring cash!). PCPO does not endorse any vendor or displayer.

Host - Want to make sure you get in your 1st choice workshop? Be the first person to offer to HOST a workshop, and your space is guaranteed. Hosting means arriving a few minutes early, passing out materials & collecting evaluations. In a few cases you may sell presenter's handouts. Please check the HOST portion of your registration form. Thank you!

Referrals - To find a cooperative preschool in your area, call PCPO at 503-293-6161 or see www.OregonPreschools.org.

REGISTRATION INFORMATION

Registration Form - Please only 1 registration per form. You are welcome to copy the form or provide the needed information on another sheet of paper. Also, the registration form can be obtained online at www.OregonPreschools.org.

Pre-registration is only available by mail. Credit cards cannot be used.

Walk-In Registration - Mail-in registration must be postmarked by February 27. Walk-in registration is available at the conference at 8:15 AM; specific workshops may be full and the fee is higher.

Workshop Enrollment - Workshop enrollments are limited by room and instructor capacity. It is recommended that you register early in order to ensure your first workshop choices. Registration is processed according to postmarked date. While most handouts will be free, some speakers may have a larger packet available for purchase at a maximum cost of \$3.

Workshop Selections - If your first choice is already full, we will use one of your two alternate choices.

Lunches - Catered box lunches are available for \$8 each with advance purchase only. Please make your selection on the registration form. You are also welcome to bring your own lunch.

Please Note - So that everyone may hear and learn from the speakers, please do not bring infants or children to the conference.

SESSION 1 WORKSHOPS (9 – 10:30 AM)

A Enhance Your Marriage! Improve Your Parenting! (Part 1) Parent-focused

Allan Cordova, Ph.D., joined Children's Program in 2002, and has worked with youth and families in hospital and school settings.

Explore the spillover between marriage and parenting; sharpen communication and problem solving skills that apply to interactions with your spouse and your preschooler.

B Coping with Challenging Behaviors Parent-focused, useful for teachers

Lynn Collins, Ph.D. runs the Parent/Young Child program at Providence Willamette Falls Medical Center, offering parent/child classes and workshops

Tired of tantrums? Done with dawdling and defiant children? Want less whining and more cooperative children? Come learn common reasons why children misbehave (Part 1) followed by specific tools and techniques to reduce challenging behaviors in your home (Part 2). Workshops will be interactive and engaging with lots of examples and handouts. You must register for both Parts 1 and 2.

C Give It Time: Classroom and Play Yard Activities that Encourage Using Common Materials in New Ways: Indoor Set-Up and Activities Teacher-focused

Catherine Loomis, MA has worked as a PreK teacher at the Vivian Olum Center at the University of Oregon for 14 years.

Using common materials, teachers can create an environment for experiments and learning activities that are fun and creative. You will see children and teachers using fabric, sheets, pipes, cardboard and other common stuff in fun ways, indoors and out.

D Nurturing Young Writers Teacher-focused, useful for parents

Amy Bartizal teaches pre-kindergarten and kindergarten in the Beaverton School District. She has 14 years experience teaching young children.

This session will focus on developmentally appropriate ways to encourage and nurture writing development in children ages 3-6. An overview of writing as a process centered, child-directed activity will be presented. The workshop will include practical ideas for supporting writers through book making, read-alouds, and side-by-side teaching.

E Parent Development Parent-focused, useful for teachers

Hillary Hyde, MSW, works for Multnomah County's Early Intervention program and runs www.goodbooksnw.com with books on divorce, blended families and grief.

Kids aren't the only ones who go through predictable stages! We will look at the six stages of parenting and how growth in our children prompts growth in us as parents. We will use a holistic framework - Nine Principles for the Parenting Journey - to help guide us through these stages.

F Raising Our Daughters Parent-focused, useful for teachers

*Kathy Masarie, M.D., a pediatrician committed to empowering families, is a Parent and Life Coach and has written *Raising Our Daughters* and *Raising Our Sons*.*

Our girls have made some great strides academically and athletically, yet there are still struggles you will face. Pressure to be sexy, materialist, and "cool" will soon confront your child. Learn about what supports our daughters to thrive.

G Discipline for the Long Haul Parent-focused

Sally Skelding is a retired early childhood instructor from Mt. Hood CC, past director of Marylhurst Early Childhood Center and former co-op teacher.

This workshop will outline ten proven techniques that will help the parent help their child develop the skills to deal with anger, disappointment, delayed gratification, rebellions, emotional upheavals, and sibling rivalry. Begin to acquire a vocabulary that helps the process of teaching children socialization from birth to adulthood.

II Clay as a Language Information for teachers and parents

Elizabeth Craig, M.A. in education, is a mixed media artist/educator. She owns Art in Motion Studio with classes for children and adults.

The workshop will focus on exploring potter's clay as a tool for communication, expression, and experimentation. Participants will explore working with clay along with wondering how a child might engage or be captured by the qualities of the medium. Also offered in Session 2.

SESSION 2 WORKSHOPS (11 AM – 12:30 PM)

J Enhance Your Marriage! Improve Your Parenting! (Part 2) Parent-focused

Allan Cordova, Ph.D., joined Children's Program in 2002, and has worked with youth and families in hospital and school settings.

This is a continuation of Session 1 workshop. It is recommended that you register for both parts.

K Coping with Challenging Behaviors (Part 2) Parent-focused, useful for teachers

Lynn Collins, Ph.D. runs the Parent/Young Child program at Providence Willamette Falls Medical Center, offering parent/child classes and workshops

This is a continuation of Session 1 workshop. You must register for both parts.

L Give It Time: Classroom and Play Yard Activities that Encourage Using Common Materials in New Ways: Outdoor Set-Up and Activities Teacher-focused

Catherine Loomis, MA has worked as a PreK teacher at the Vivian Olum Center at the University of Oregon for 14 years.

Using common materials, teachers can create an environment for experiments and learning activities that are fun and creative. You will see children and teachers using fabric, sheets, pipes, cardboard and other common stuff in fun ways, indoors and out.

M What About Boys? Parent-focused, useful for teachers

*Kathy Masarie, M.D., a pediatrician committed to empowering families, is a Parent and Life Coach and has written *Raising Our Daughters* and *Raising Our Sons*.*

What struggles are boys up against today? How can we raise boys to be strong, yet sensitive and compassionate too? Learn how to listen to and communicate with our sons.

N Effective Parenting Information for parents and teachers

Glenda Montgomery is a Certified Positive Discipline Associate and former elementary teacher now offering one-on-one coaching, parent instructor and teacher trainings.

Why doesn't parenting from past generations work with OUR children? In this interactive workshop, we explore parenting styles, and why some work better than others in the modern world. We will leave with effective strategies to use immediately with kids of today, and will have an understanding of what is important for parenting in 2010.

O Fresh Ideas for Dealing with Challenging Behaviors Parent-focused, useful for teachers

Liz Parker has worked as a teacher and coach for 25 years, with 12 years at SW Parent-Child Co-op.

Feel like grabbing the car keys or hiding in the bathroom? Kids love to push our buttons! Explore how to navigate your child's tantrums, aggression, and power struggles. Learn practical strategies to calm yourself and your child in the midst of demanding and destructive behavior.

P Enhancing Creativity Information for parents and teachers

Sally Skelding is a retired early childhood instructor from Mt. Hood CC, past director of Marylhurst Early Childhood Center and former co-op teacher.

Yes, every child and adult is creative! Believe it! This workshop focuses on how to recognize, define and enhance a child's creativity and also provides basic theories and activities that work to produce problem-solving youngsters.

Q Clay as a Language Information for parents and teachers

Elizabeth Craig, M.A. in education, is a mixed media artist/educator. She owns Art in Motion Studio with classes for children and adults.

The workshop will focus on exploring potter's clay as a tool for communication, expression, and experimentation. Participants will explore working with clay along with wondering how a child might engage or be captured by the qualities of the medium. Also offered in Session 1.

SESSION 3 WORKSHOPS (1:45 – 3:15 PM)

S Playing with Science, The Science of Play Teacher-focused, useful for parents

Linda Annable has 20+ years in education: preschool through college, primary school director, reading tutor, homeschool parent, and workshop presenter.

Bring science into the lives of preschoolers with scientific concepts, and learn why science play is important for children. Magnifying lenses, water, spices, blocks and lots of every day items can enhance discovery, deepen understanding of how the world works and encourage children to wonder. Rocket scientists need not apply!

T Preparing for Success: What Kindergarten Readiness Really Means Parent-focused, useful for teachers

Mary Coussens has taught kindergarten for eleven years, currently at St. Cecilia School, Beaverton and was a founding member of Hillsboro Parent Preschool.

We will explore the many faces of kindergarten readiness: social behavior, emerging literacy skills, and the three Cs of Curiosity, Conversation and Creativity. We will discuss what to look for in a balanced kindergarten program and examine the all-day/half-day dilemma. We will look at important health screenings that could be critical to your child's success.

U More Than Hotdogs and Pizza: Ideas for Promoting Healthy Eating Parent-focused, useful for teachers

May Lim, Ph.D. and Rose Eagle, Ph.D., Child Psychologists at the Children's Program, provide behavioral coaching for families and children.

Eliminate stressful dinnertime battles! Lead your family to make healthy choices. We will address portion sizing, how to introduce/encourage new foods, manage food refusal and other strategies to encourage flexibility around eating. Test the power of modeling and food chaining as we discuss strategies that will make mealtimes more enjoyable.

V Literacy (and more) in the Early Childhood Classroom Teacher-focused

Carol Hazzard, a teacher for 34 years, including first grade, founded Hancock Street Preschool in 1984 and continues as director/teacher.

Lots of ideas for teacher-made materials that support early literacy, home-to-school connections, meaningful documentation, community building, and parent education. There will be literacy-related ideas for all areas of the classroom including art, music, science, circle time and math.

W Sibling Squabbles Parent-focused, useful for teachers

Glenda Montgomery is a Certified Positive Discipline Associate and former elementary teacher now offering one-on-one coaching, parent instructor and teacher trainings.

Our responses to sibling conflict can either intensify or reduce it. This interactive, fun workshop will explore options to effectively respond to our children's squabbling, while teaching important life skills. We will learn to address the root cause of the fighting and leave with parenting strategies to help us create more harmony in our homes.

X Beyond the Playground--The Social & Cognitive Benefits of Nature Play in Young Children

Information for parents and teachers

Chrissy Larson, M.Ed. in Environmental and Early Childhood Education, teaches at Brooklyn Preschool, and is the creator/teacher for Nuts About Nature Outdoor Preschool program.

How do we create citizens who care about the Earth? What parts of play help young children develop into positive social, problem-solving humans? How do we connect to nature? You will go on a fantastic journey through categories of unstructured play, the ways play helps promote positive brain development, and the importance of nature play.

Y Daily Routines for Young Children Parent-focused, useful for teachers

Liz Parker has worked as a teacher and coach for 25 years, with 12 years at SW Parent-Child Co-op.

Tussles with kids? Invite peace into your home with a practical tool kit of daily routines. Routines help calm children's behavior. Explore the difference between routines and rules. Discuss routines for morning, dressing, meals, bedtime, and room cleaning. Learn about the forgiveness routine, and a kid-friendly routine for "parents' time."

Z Discipline Means "TO TEACH" Respectfully, Without Excess Praise, Punishments or Rewards

Parent-focused, useful for teachers

Mary St. Martin: mother, co-op preschool teacher for 20+ years and a personal consultant for parents and teachers.

This is a lively Question and Answer session where real life situations get answered on the spot! Being able to apply this philosophy using preventive measures, specific methods, and understanding of each other's needs will create a peaceful, confident, respectful and authentic household or classroom for all those involved.

MARCH 6 CONFERENCE REGISTRATION FORM

Name: _____

Address: _____

City, Zip: _____

Phone: _____

Email: _____

School: _____

Please Note: If your name is hyphenated or you have two last names, please circle the letter of the name under which you would like your registration to be filed.

Write the Letter	1 st Choice	2 nd Choice	3 rd Choice	Would you like to host?
Workshop 1				
Workshop 2				
Workshop 3				

Select Lunch Option (*advance purchase only*)

- Turkey Salad Pita \$8
 Ham/Turkey/Cheese Sandwich \$8
 Veggie Pita \$8
 No Lunch

Select Registration Fee

PCPO School Members:

- (Group Fee Paid)..... \$15.00 (or \$22.00 at door)
 (Group Fee Not Paid) \$23.00 (or \$30.00 at door)
 Individual Member..... \$23.00 (or \$30.00 at door)
 Alumni (give school name)..... \$23.00 (or \$30.00 at door)
 General Public..... \$40.00 (or \$47.00 at door)

Total Fees:

Registration Fee + Lunch (optional) = \$_____

Please make checks payable to PCPO

Mail Registration – Please make checks payable to PCPO and send the registration form with payment postmarked by Saturday, February 27:

PCPO Conference Registration

c/o Christie Kline
 3740 SE Main St.
 Portland, OR 97214