

PARENT CHILD PRESCHOOLS OF OREGON

2011 Early Childhood Education
and Parenting Conference

*Enroll in your
top three
workshops!*

Saturday, March 5

PCPO (Parent Child Preschools of Oregon) is a non-profit organization of over 65 co-op preschools, and 2000 families and teachers throughout Oregon and Washington. Co-op preschools are operated by a group of parents who take an active role in their children's first educational experience. Parents assist the teacher in the classroom, are given opportunities for education, and are involved in decision-making. All PCPO member schools operate independently within the co-operative preschool philosophy. *Learn more at www.OregonPreschools.org.*

Parent Child Preschools of Oregon
PO Box 230327
Tigard, OR 97281-0327



PARENT CHILD PRESCHOOLS OF OREGON

presents

**2011 Early Childhood Education
and Parenting Conference**



Building Lifelong Learners

Saturday, March 5

Athey Creek Middle School in West Linn

MARCH 5

CONFERENCE SCHEDULE

Registration.....	8:15 – 9
Welcome.....	9:00 – 9:10
Workshop Session 1	9:20 – 10:50
Workshop Session 2	11 – 12:30
Lunch/Vendor Displays.....	12:30 – 1:30
Workshop Session 3	1:30 – 3
Vendors remain open until	1:30

CONFERENCE LOCATION AND DIRECTIONS

Athey Creek Middle School
2900 SW Borland Road
West Linn, Oregon

- Take I-205 to Stafford Road, Exit 3
- Go north on Stafford Road,
- Enter the roundabout at the intersection with Borland Road.
- Take the third exit off the roundabout to go west on Borland Road.
- Go right at the Athey Creek Middle School sign.



For more information

Go green with PCPO! pcpo@pcpo.info
Bring a bag for handouts. (503) 293-6161
www.OregonPreschools.org

GENERAL INFORMATION

PCPO Group Fee - A PCPO member school group fee may have been paid allowing your school's members to attend the conference at the lowest rate. Your PCPO Rep or Treasurer will know if your school has chosen to prepay the group fee.

Scholarships - A limited number of scholarships for discounted fees are available upon written request. Scholarships will be awarded on a first come, first served basis with priority given to PCPO members.

Refunds - We regret we are unable to issue refunds.

Check-In - When you arrive, please check in at the registration desk to pick up your agenda, workshop assignments and a map.

Child Care Division Credits - Certificates for CCD credits needed by child care workers will be available at the end of the day.

Displays & Vendors - Displays and vendors will be available before and during the conference workshops. Some offer merchandise to purchase. Major credit cards and personal checks may not be accepted by all. (Bring cash!) PCPO does not endorse any vendor or displayer.

Host - Want to make sure you get in your 1st choice workshop? Be the first person to offer to HOST a workshop, and your space is guaranteed. Hosting means arriving a few minutes early, passing out materials & collecting evaluations. In a few cases you may sell presenter's handouts. Please check the HOST portion of your registration form. Thank you!

Referrals – To find a cooperative preschool in your area, contact PCPO: pcpo@pcpo.info, 503-293-6161 or www.OregonPreschools.org.

REGISTRATION INFORMATION

Registration Form is required for each participant. Please use only 1 registration per form. You are welcome to copy the form or provide the needed information on another sheet of paper. Also, the registration form can be obtained online at www.OregonPreschools.org.

Pre-registration Deadline is February 26. Pre-registration is only available by mail and registration forms must be postmarked by February 26. Credit cards cannot be used.

Alumni Rate is available for attendees whose children have previously attended a PCPO member school.

Walk-In Registration is available at the conference beginning at 8:15 AM; specific workshops may be full and the fee is higher.

Workshop Enrollment is limited by room and instructor capacity. It is recommended that you register early in order to ensure your first workshop choices. Registration is processed according to postmarked date. While most handouts will be free, some speakers may have a larger packet available for purchase at a maximum cost of \$3.

Workshop Selections - If your first choice is already full, we will use one of your two alternate choices.

Lunches are available for \$8 each with advance purchase only. Please make your selection on the registration form. You are also welcome to bring your own lunch.

Please Note - So that everyone may hear and learn from the speakers, please do not bring infants or children to the conference.

SESSION 1 WORKSHOPS (9:20 – 10:50 AM)

A Coping with Challenging Behaviors (Part 1) Parent-focused, useful for teachers

Lynn Collins, PhD, runs the Parent/Young Child program at Providence Willamette Falls Medical Center, offering parent/child classes and workshops

Tired of tantrums? Done with dawdling and defiant children? Want more cooperative children? Come learn common reasons why children misbehave followed by specific tools and techniques to reduce challenging behaviors. Workshops will be interactive and engaging. *You must register for both parts.*

B Brain-Aware Parenting Parent-focused, useful for teachers

Kathy Masarie, MD, is a parent coach and author of [Raising Our Daughters/Sons](#).

Understanding your own brain is as important as understanding your kid's brain. In this seminar, Dr. Masarie will share insights into brain development, how the brain learns and grows and how to create the family brain. Share in this lively discussion and apply to your parenting brain.

C Sign-Language Beginner Basics for Early Literacy and Fun Parent-focused, useful for teachers

Dawn Prochovnic is the author of eight children's books and the founder of SmallTalk Learning. Visit her at www.smalltalklearning.com.

This workshop explores the benefits of incorporating ASL into daily activities and routines (both at home and in the classroom), and provides practical ideas and techniques for incorporating ASL into specific learning/curriculum areas such as spelling, writing, and storytime.

D Leave No Child Inside Parent-focused

Sally Skelding is a retired early childhood instructor from Mt. Hood CC, past director of Marylhurst Early Childhood Center and former co-op teacher.

This presentation builds on the writings of Richard Louv and concentrates on two premises: why kids should be outside and how to do this with fun, creative and educational activities for children and families.

E Kids Can: Talking with Children about Personal Safety Parent- and teacher-focused

Lisa Cordova, LCSW, has a background in violence prevention and is Director of Programs at Listen to Kids. Sarah Norris, MS SpEd is the School-Based Program Coordinator at Listen To Kids.

How do we talk with children about their body rights in an empowering, developmentally-appropriate way? Learn helpful phrases and tools for conversations with children in your family or classroom. Discuss ways to teach kids their rights to be safe, strong and free, problems they may have, and how to get help.

F Resources for Integrating Music with Preschoolers Parent- and teacher-focused

David Hall, MEd, is a Music Together teacher and writes, produces, and performs award-winning albums for children.

Learn how children acquire basic music competence, and how to foster their development. Learn songs and chants that incorporate rhythmic movement and allow the practice of rhythm and rhyme, keys to early reading and kinesthetic learning. Share musical ideas and resources.

G Introduction to Positive Discipline (Part 1) Parent-focused

Steven Foster, Certified Positive Discipline Trainer, leads parent and teacher trainings.

This interactive workshop introduces parents to Positive Discipline, an effective method of parenting based on Adlerian psychology and rooted in empathy and respect. Participants will learn the theory of this approach and how to use this strategy at home. *Register for Session R.*

H I've Observed, Now What? Teacher-focused

Holly King, MA is an Oregon Registry Master Trainer.

Take the next step to use observation to inform your program planning. Develop strategies to use authentic assessment to individualize curriculum without taking away time from the children. Learn how to use assessment in developing your program to meet the needs of each individual.

I Sensory Processing: The Glue that Allows Learning to Stick Parent- and teacher-focused

Jenny Alvarez, OTR/L has worked as a pediatric Occupational Therapist for 11 years.

Sensory processing is the behind-the-scenes "skill" allowing people to appropriately interpret, engage with and learn from others and the environment. This workshop explains what sensory processing is and teach basic strategies to facilitate regulation and availability for learning.

SESSION 2 WORKSHOPS (11 AM – 12:30 PM)

K Coping with Challenging Behaviors (Part 2) Parent-focused, useful for teachers

This is a continuation of Session 1 Workshop A. *You must register for both parts.*

L Raising our Sons and Daughters: It Really Does Take a Village Parent-focused

Kathy Masarie, MD, is a parent coach and author of [Raising Our Daughters/Sons](#).

You can create a force that will keep your family intact by building a village of people who care. Come learn about ways to foster the connections, honesty, and trust that allow you to be authentic. Build a village so kids become resilient, capable, responsible, and caring young adults.

M Sing, Sign & Storytime for Parents and Educators Parent- and teacher-focused

Dawn Prochovnic is the author of eight children's books and the founder of SmallTalk Learning. Visit her at www.smalltalklearning.com.

This workshop focuses more directly on weaving sign language into the storytime/circle time/one-on-one-reading time of the day, and gives teachers and parents the tools they need to enrich their own storytimes with sign language.

N Adult and Child Develop Together Parent-focused, useful for teachers

Josette Luvmour, PhD, is a consultant and educator specializing in child development, adult development, and sustainable family relationships.

Everyone accepts that adults influence children, but few realize how much the child changes the adult. Introducing the hidden benefits when an adult connects to a child's developmental needs. Our early experiences do not determine our fate. Discover how nurturing your child prompts adult development.

O Kindergarten Readiness: What Does it Really Mean? Teacher-focused, useful for parents

Amy Bartizal teaches full-day kindergarten in the Beaverton School District. She has 15 years experience teaching young children.

Readiness skills include much more than just ABCs and 123s. This workshop offers suggestions for developmentally-appropriate activities that engage young children. Topics include reading aloud and comprehension, oral language development, strengthening fine motor skills, building number sense, and nurturing children's curiosity about the world around them.

P Helping Children Navigate Their Social World Parent- and teacher-focused

Lisa Cordova, LCSW, has a background in violence prevention and is Director of Programs at Listen to Kids. Sarah Norris, MS SpEd is the School-Based Program Coordinator at Listen To Kids.

How can we support children's complex social lives? Discuss common social dynamics and roles among children, as well as ideas about how to talk with young people about peer relationships and conflicts. Learn practical tools for helping children navigate a continuum of social challenges from friendship conflicts to bullying.

Q Resources for Integrating Music with Preschoolers Parent- and teacher-focused

David Hall, M.Ed, is a Music Together teacher and writes, produces, and performs award-winning albums for children.

Learn how children acquire basic music competence, and how to foster their development. Learn songs and chants that incorporate rhythmic movement and allow the practice of rhythm and rhyme, keys to early reading and kinesthetic learning. Share musical ideas and resources.

R Introduction to Positive Discipline (Part 2) Parent-focused

This is a continuation of Session 1 Workshop G. *You must register for both parts.*

S Creative Reuse in a Classroom Setting Teacher-focused

Keri Piehl is SCRAP's Education Coordinator and organizes creative reuse activities.

Teachers are natural creative reuse artists, for budgetary reasons as well as for new and fun things to capture their students' imagination. We will explore the reuse of materials to teach math, literacy, science and art – you will return to your classroom full of practical ideas!

T Simplicity Parenting Parent-focused, useful for teachers

Michelle Marcyk and Mary Beaton volunteer with Simplicity Parenting.

Do you suffer from a jam-packed schedule? Cluttered home? Overwhelmed or uncooperative children? Join us to discuss Simplicity Parenting, and discover a way to reduce family stress and create room for connection, creativity and relaxation. Learn tools to streamline your life.

SESSION 3 WORKSHOPS (1:30 – 3 PM)

U Nurturing Young Writers Teacher-focused, useful for parents

Amy Bartizal teaches full-day kindergarten in the Beaverton School District. She has 15 years experience teaching young children.

This session focuses on developmentally-appropriate ways to encourage and nurture writing development in children ages 3-6. An overview of writing as a process centered, child-directed activity will be presented. The workshop will include practical ideas for supporting writers through bookmaking, read-alouds, and side-by-side teaching.

V Connected Parenting Parent-focused

Emily Troper is a Preschool Teacher, Parent Educator, Postpartum Doula, and the mother of four children.

This presentation focuses on the joy of parenting without punishments or conditional rewards. Look deeply past difficult behaviors to discover the underlying needs of children, and learn tools to respond effectively to parenting challenges. We'll talk about collaborative problem solving, listening to feelings, and setting limits respectfully.

W Autism Spectrum Disorders (ASD) Parent- and teacher-focused

Jon Morris is an Autism Specialist for Willamette ESD.

The workshop will cover the basic spectrum of ASD characteristics in the areas of communication, social interactions, sensory, self-help, and behavior. We will also discuss identification, brain functioning affected by ASD, and strategies to teach skills, give support, and manage behavior.

X Simplicity Parenting Parent-focused, useful for teachers

Michelle Marcyk and Mary Beaton volunteer with Simplicity Parenting.

Do you suffer from a jam-packed schedule? Cluttered home? Overwhelmed or uncooperative children? Join us to discuss Simplicity Parenting, and discover a way to reduce family stress and create room for connection, creativity and relaxation. Learn tools to streamline your life.

Y Creative Reuse to Extend Learning at Home Parent-focused

Keri Piehl is SCRAP's Education Coordinator and organizes creative reuse activities.

How can you use all those odds and ends that don't seem to have a purpose but you feel guilty tossing out? We will brainstorm new ideas, and you will take home many tried and true reuse ideas that range far beyond toilet paper tube sculptures and tracing yogurt lids!

Z Boys Alive! Bring Out Their Best! Parent-focused, useful for teachers

Janet Allison is a teacher and parent educator. She is the author of Boys Alive! Bring Out Their Best!

Raising a boy can be exciting, puzzling, and...exhausting! More than 100 differences have been discovered between the male and female brain. No wonder boys (and men) puzzle women! Understand why he does what he does and learn practical strategies and communication tips that will help him be his best at home and in school.

AA Under the Lily Pads: A Project -Based Approach to Early Childhood Curriculum Teacher-focused

Sally Sherfey, MEd, is an Oregon Registry Master Trainer.

Based on the Caldecott Honor Book, *In the Small, Small Pond* by Denise Fleming, explore and examine a curriculum that entices young learners. Apply and link the latest ECE-learning theories to the Project Based Approach. Walk away with a packet of ideas and resources. Experience a child-centered classroom.

BB Conflict Resolution with Kids Parent- and teacher-focused

Penny Berrien, MAT, is the teacher at Hillsboro Parent Preschool and longtime PCPO board member.

In this interactive workshop you will develop confidence in supporting children as they develop the necessary skills for successful conflict resolution. After a brief review of the developmental characteristics of young children, we will learn six steps in conflict mediation, then practice applying them in common home and school scenarios.

CC A Shade of Green, Sustainability at Preschool Teacher-focused, useful for parents

Lily Todd is a Teacher, Mom of two and Master Recycler. Sustainability Aide at Hillsboro Parent Preschool.

We will explore sustainable practices in the preschool setting including: recycling, cleaning, energy, food, and take home practices for parents and students. We will play games the first half and the second half will be a Q&A. Please bring any burning questions/ideas you may have and a hard to recycle item to share.

MARCH 5 CONFERENCE REGISTRATION FORM

Name: _____

Address: _____

City, Zip: _____

Phone: _____

Email: _____

School: _____

Please Note: If your name is hyphenated or you have two last names, circle the letter of the name under which you would like your registration to be filed.

Write the Letter	1 st Choice	2 nd Choice	3 rd Choice	Would you like to host?
Workshop 1				
Workshop 2				
Workshop 3				

Select Lunch Option (advance purchase only)

- Turkey Salad \$8
- Ham/Turkey/Cheese..... \$8
- Veggie \$8
- No Lunch

Select Registration Fee

PCPO School Members (write school name above):

- (Group Fee Paid) \$18.00 (or \$25.00 at door)
- (Group Fee Not Paid)..... \$27.00 (or \$34.00 at door)
- PCPO Individual Member \$27.00 (or \$34.00 at door)
- PCPO School Alum (list school above).. \$27.00 (or \$34.00 at door)
- General Public \$48.00 (or \$55.00 at door)

Total Fees:

Registration Fee + Lunch (optional) = \$ _____

Make checks payable to PCPO.

Mail Registration – with payment postmarked by Saturday, February 26:

PCPO Conference Registration
c/o Christie Kline
3740 SE Main St.
Portland, OR 97214

Go green with PCPO! Bring your own bag to hold handouts.