

PARENT CHILD PRESCHOOLS ORGANIZATION

2012 Early Childhood Education
and Parenting Conference

*New Speakers,
Vendors and
Catering!*

Saturday, March 3

PCPO (Parent Child Preschools Organization) is a non-profit organization of more than 65 co-op preschools and 2000 families and teachers throughout Oregon and Washington. Co-op preschools are operated by a group of parents who take an active role in their children's first educational experience. Parents assist the teacher in the classroom, are given opportunities for education, and are involved in decision-making. All PCPO member schools operate independently within the co-operative preschool philosophy. Learn more at www.ParentChildPreschools.org.

Parent Child Preschools Organization
PO Box 230327
Tigard, OR 97281-0327



PARENT CHILD PRESCHOOLS ORGANIZATION

presents

**2012 Early Childhood Education
and Parenting Conference**



Serving the Pacific Northwest since 1956

Building Lifelong Learners

Saturday, March 3

Athey Creek Middle School in West Linn

MARCH 3

CONFERENCE SCHEDULE

Registration	8:15–9:00
Welcome	9:00–9:10
Workshop Session 1	9:20–10:50
Workshop Session 2	11:00–12:30
Lunch/Vendor Displays	12:30–1:30
Workshop Session 3	1:30–3:00
Vendors remain open until	1:30

CONFERENCE LOCATION AND DIRECTIONS

Athey Creek Middle School
2900 SW Borland Road
West Linn, Oregon

- Take I-205 to Stafford Road, Exit 3.
- Go north on Stafford Road.
- Enter the roundabout at the intersection with Borland Road.
- Take the third exit off the roundabout to go west on Borland Road.
- Go right at the Athey Creek Middle School sign.



For more information,
contact PCPO:
(503) 293-6161
www.ParentChildPreschools.org

GENERAL INFORMATION

PCPO Group Fee: Your school may have paid a PCPO member school group fee, allowing your school's members to attend the conference at the lowest rate. Your treasurer, president, or PCPO representative will know if your school has chosen to prepay the group fee.

Scholarships: A limited number of scholarships for discounted fees are available on written request. Scholarships will be awarded on a first-come, first-served basis, with priority given to PCPO members.

Refunds: We regret we are unable to issue refunds.

Check-In: When you arrive, please check in at the registration desk. You may pick up your agenda, workshop assignments, and a map at that time.

Child Care Division Credits: Certificates for CCD credits needed by child care workers will be available at the end of the day.

Displays & Vendors: Displays and vendors will be available before, during, and after the conference workshops. Some offer merchandise to purchase. Not all vendors accept major credit cards and personal checks, so also bring cash. PCPO does not endorse any vendor or displayer.

Host: Want to make sure you get in your first choice of workshop? Be the first person to offer to host a workshop, and your space is guaranteed. Hosting means arriving a few minutes early, passing out materials, and collecting evaluations. In a few cases, you may sell presenter's handouts. Please check the host portion of your registration form. Thank you!

Referrals: To find a cooperative preschool in your area, call PCPO at 503-293-6161 or visit www.ParentChildPreschools.org.

REGISTRATION INFORMATION

Registration Form: Please only one registration per form. You are welcome to copy the form or provide the needed information on another sheet of paper. You can also download the registration form at www.ParentChildPreschools.org.

Pre-registration is only available by mail and paid for by check. We cannot accept credit cards.

Walk-In Registration: Mail-in registration must be postmarked by February 24. Walk-in registration is available at the conference at 8:15 AM; specific workshops may be full and the fee is higher.

Workshop Enrollment: Workshop enrollments are limited by room and instructor capacity. We recommend that you register early to ensure your first workshop choices. Registration is processed according to postmarked date. While most speaker handouts are free, some may have a larger packet available for purchase (maximum cost of \$3).

Workshop Selections: If your first choice is full, we will use one of your two alternate choices.

Lunches: Catered box lunches are available for \$10 each with advance purchase only. Please make your selection on the registration form. You are also welcome to bring your own lunch.

Please Note: So that everyone may hear and learn from the speakers, please do not bring infants or children to the conference.

SESSION 1 WORKSHOPS (9:20–10:50 AM)

A Under the Lily Pads: A Project-Based Approach to Early Childhood Curriculum

Information for parents and teachers *Sally Sherfey, M.Ed., is an Oregon Registry Master Trainer.* Based on the Caldecott Honor Book, *In the Small, Small Pond* by Denise Fleming, examine a curriculum approach that entices young learners. Apply and link the latest ECE learning theories. Experience a child-centered classroom. Create an environment that children want to run into and become involved in.

B Stories in Our Lives: Finding and Shaping Family Stories

Information for parents and teachers *Steven Henegar, storyteller, has 25 years of experience as a storyteller and workshop leader.*

Stories create our common memory and support literacy. Rediscover family stories as a source for sharing your lives within your immediate family and across generations. What kind of stories do families tell and where do we hear them? Explore simple techniques for exploring memory, and discover the elements of a well-crafted family story.

C Introduction to Positive Discipline

Parent focus, but with useful information for teachers *Laurie Davala is a Certified Positive Discipline Parenting Educator.*

Explore concepts underlying Positive Discipline, a parenting approach based on mutual respect, and learn strategies for applying them to everyday parenting challenges. Discover how difficult behaviors provide opportunities to teach values, build competence, and foster connection.

D Ask Sally Skelding!

Parent focus

Sally Skelding is a retired early childhood instructor from Mt. Hood CC and a PCPO Advisor. Based on requests from past attendees, this workshop provides an opportunity for parents to ask questions about discipline and self-management issues. Sally will summarize ten parenting concepts that will help parents get a grip on parenting. Workshop content will be determined by participants' questions and Sally's responses.

E More Alike than Different: Our Perceptions about Disability & Inclusion Strategies

Teacher focus, but with useful information for parents *Hillary Hyde, MSW, works for the Multnomah Early Childhood Program.* This workshop provides a look at our personal perceptions about disability and describing "people first" language. You will also learn seven strategies for building an environment that is accepting and inclusive. Four key principles of developmentally appropriate child care will be discussed.

F Get Ready to Read...It is all fun and games!

Parent focus, but useful for teachers

Sharon Henegar spent more than 30 years as a children's librarian and is passionate about the importance and joy of reading. Children need six skills in order to learn to read: vocabulary, letter knowledge, print awareness, narrative skills, print motivation, and phonological awareness. In this workshop, parents and caregivers learn to develop these skills through songs, games, rhymes, and play, woven into daily life.

G Early Math Concepts

Teacher focus

Amy Bartizal teaches a full-day kindergarten in the Beaverton School District. This workshop will focus on developmentally appropriate ways to teach early math concepts, and address five key areas of mathematics: numbers and counting, geometry and spatial relations, patterns, measurement, and analyzing data. It will also include ideas for integrating math into daily routines.

H Lively Parent Teacher Conferences

Information for teachers and parents

Liz Parker has worked with children for 25 years in developmental settings. Want specific insights to your child? This workshop shows how moving actively while conferencing helps you think about a child's strengths and challenges. Workshop attendees will role-play conferences and referrals to Early Childhood Intervention Specialists. Leave this workshop with tools for naming goals, raising concerns, and taking action.

I Challenging Behaviors (Part 1)

Parent focus, but useful for teachers

Lynn Collins, Ph.D. has worked with families for 20 years, providing parent education, mental health services, and family consultation. Tired of tantrums? Done with dawdling and defiant children? Want less whining? Young children often express their needs through tantrums, dawdling, screaming, whining, talking back, and more. Learn where these behaviors come from and how to successfully reduce them in your home.

SESSION 1 WORKSHOPS (9:20–10:50 AM) CONTINUED

J Fathering and Mothering Our Sons—Two Very Different Tasks

Parent-focused

Janet Allison is a parent educator, teacher, and is the author of Boys Alive! Bring Out Their Best! Develop your parenting team! Understand the very different tasks of moms and dads. Know what he needs at each stage. Boys need more than a dad: Who else is helping you?

K Strategies for Social Skills

Parent-focused, but with useful information for teachers

James Brunsmann, MS, CCC-SLP is a speech language pathologist who works with preschool age children in early childhood intervention. Useful strategies that can help preschool age children learn social skills and self-regulation skills, both in the classroom and at home will be discussed. We will also introduce The Superfriend Stories, a locally produced comic book series that can teach these strategies. Originally designed for children with Autism, these comic books can be useful to all children.

SESSION 2 WORKSHOPS (11:00 AM–12:30 PM)

L Keep It Moving—A Management System for a Child-Centered Preschool Classroom

Teacher focus, but with useful information for parents *Sally Sherfey, M.Ed., is an Oregon Registry Master Trainer.* After listing all the management concerns, we will explore my classroom through slides, find out how to keep enthusiastic learners focused throughout a 3.5 hour preschool, and have time at the end to share more concerns. Leave with a packet of ideas and resources.

M Just the Basics: The Beginning of Storytelling

Teacher focus, with useful information for parents

Steven Henegar, storyteller, has 25 years of experience as a storyteller and workshop leader. Make every story your own! Steven models traditional stories and simple performance techniques for an exciting, hands-on workshop, exploring structure and sequence along with building distinctive characters and tangible images. Discover a process that lets you distill a story to its essentials and manage all the details without getting lost.

N Introduction to Positive Discipline

Parent focus, but with useful information for teachers

Laurie Davala is a Certified Positive Discipline Parenting Educator Explore concepts underlying Positive Discipline, a parenting approach based on mutual respect, and learn strategies for applying them to everyday parenting challenges. Discover how difficult behaviors provide opportunities to teach values, build competence, and foster connection.

O Adult and Child Develop Together

Teacher focus

Josette Luvmour, PhD is a developmentalist, consultant, and educator who specializes in child development and sustainable family relationships. Promoting well-being in students is about relationship. Everyone accepts that the educator influences the student, but few realize how much the student changes the educator. The hidden benefits for the teacher occur when he or she supports the child's developmental needs. Relationships that promote learning in the student also promote adult development in the teacher.

P Sign Language-Beginner Basics for Literacy (and Fun!)

For parents and teachers

Dawn Prochovnic, MA, is the author of 16 children's books and the founder of SmallTalk Learning. In this fast-paced workshop, the founder of SmallTalk Learning will share the benefits and ease of incorporating American Sign Language into daily activities at school and at home. Participants will learn a variety of practical techniques for using ASL as a tool to support routine transitions, improve behavior, and enrich early literacy activities.

Q Shopping on Driveways

Information for parents and teachers

Sharon Henegar spent more than 30 years as a children's librarian and is passionate about the importance and joy of reading. You can find wonderful bargains at yard sales, estate sales, and thrift stores. Furnish your home, dress your family, build a library, and find endless entertainment for pennies on the dollar. Learn about online resources, how you can get the best deals, and even find items to resell.

R Kindergarten Readiness

Parent focus, but with useful information for teachers

Amy Bartizal teaches a full-day kindergarten in the Beaverton School District. What is readiness? What skills and behaviors does my child need in order to thrive in a kindergarten classroom? What will the teacher expect? What can I do to help prepare my child for the next step in their educational journey? Come and get answers to all these questions and more.

SESSION 2 WORKSHOPS (11:00 AM–12:30 PM) CONTINUED

S Lively Parent Teacher Conferences For teachers and parents

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Want specific insights to your child? This workshop shows how moving actively while conferencing helps you think about a child's strengths and challenges. Workshop attendees will role-play conferences and referrals to Early Childhood Intervention Specialists. Leave this workshop with tools for naming goals, raising concerns and taking action.

T Challenging Behaviors (Part 2) Parent focus, but useful for teachers

This is a continuation of workshop I. Registration for part 1 is not required but is recommended.

U Helping Children Navigate Their Social World For parents and teachers

Lisa Cordova, LSCW, has a background in violence prevention and is Director of Programs at Listen to Kids.

How do we talk with children about their body rights in an empowering meaningful way? What are some ways to have comfortable conversations about sexuality with young children? Learn helpful phrases, tools, and resources for conversations with children in your family or classroom

V Simplicity Parenting Parent focus, but useful for teachers

Michelle Marcyk is a Certified Simplicity Parenting Group Leader

Do you have a jam-packed schedule? Cluttered home? Overwhelmed or uncooperative children? Join us to discuss Simplicity Parenting, and learn how to recognize and respond to "soul fever" in your child or yourself. Discover ways to create small, sustainable changes that will reduce family stress and create room for more .

SESSION 3 WORKSHOPS (1:30–3:00 PM)

W Potions, Explosions, and Flying Objects! Teacher focus

Joy Knight has been in the early childhood education field for more than 30 years. A former preschool teacher, she is the co-owner of the Creation Station in Lynwood, WA.

Science is really fun for kids. Let's explore what makes an exciting and memorable science experience for children. While we perform experiments, fly the objects, and mix the potions, we will discuss how this is a learning experience for children and keeps them asking for more.

X Connected Parenting Parent focus, but useful for teachers

Emily Troper is a parent support group facilitator, preschool teacher, doula and the mother of four children.

This presentation focuses on the joy of parenting without using punishments, threats, or conditional rewards of any kind. Look beyond difficult behaviors to discover the underlying needs of children, and learn concrete, practical tools to respond effectively to parenting challenges. We will discuss collaborative problem-solving and much more.

Y Simplicity Parenting Parent focus, but useful for teachers

Michelle Marcyk is a Certified Simplicity Parenting Group Leader

Do you have a jam-packed schedule? Cluttered home? Overwhelmed or uncooperative children? Join us to discuss Simplicity Parenting, and learn how to recognize and respond to "soul fever" in your child or yourself. Discover ways to create small, sustainable changes that will reduce family stress and create room for more .

Z Healthy Boundaries with Children: Creating and Maintaining Healthy Boundaries in Families Parent-focused, but with information for teachers

Josette Luvmour, PhD is a developmentalist, consultant and educator who specializes in child development and sustainable family relationships.

The creation of loving and appropriate boundaries can enrich relationships. After a brief overview of child development principles, we identify the differences between natural vs. dysfunctional behaviors. Also how an adult's preconceptions of their child's performance influences the child's behavior. Adults explore options that maintain attachment while allowing the child to be self-reliant and centered.

SESSION 3 WORKSHOPS (1:30–3:00 PM) CONTINUED

AA Read to Me—Hands on Tips for Enriching Story Time For parents and teachers

Dawn Prochovnic, MA, is the author of 16 children's books and the founder of SmallTalk Learning.

Join the children's author as she shares a selection of engaging, literacy-based story time modules. Explore the American Library Association's six key skills for preparing children to become readers when they enter school, and gain practical ideas for enriching circle times and lap times with songs, sign language, and developmentally appropriate literacy/early literacy activities.

BB Enhance Your Marriage, Improve Your Parenting! Parent focus

Allan Cordova, Ph.D., provides clinical services to youth, couples, and families.

Explore the spillover between marriage and parenting; sharpen your communication and problem-solving skills that apply to interactions with your spouse and preschooler.

CC Getting Kids in Sync: Tools for Children with Sensory-Processing Disorders

For parents and teachers

Sharon Donnelly is the owner of Advance Pediatric Therapies, a private pediatric occupational therapy practice.

Participants will understand the impact of adequate sensory processing on attention, behavior, learning, and social engagement. Learn tools to help children "get in sync" and tools to take back to the classroom, home, or clinic to use with all children, whether have with sensory processing challenges or are developing typically.

DD Healthy Food-Healthy Kids For parents and teachers

Cassandra Mick, CNE is a certified nutrition educator, helping people create vibrant health and thriving families.

A jam-packed nutrition starter course: Best foods for junior brains, bodies, and behavior. Food intolerances: their effect on health and how to tell if your children have them. Expanding the menu: strategies for introducing foods that even the pickiest kids will eat and love.

EE Set the Stage for Success with Siblings Parent focus, but with useful information for teachers

Lynn Collins, Ph.D. has worked with families for 20 years, providing parent education, mental health services, and family consultation.

Learn how to support and build a positive relationship between your preschooler(s) and younger siblings. We'll discuss the unique demands of parenting children at different developmental stages. This workshop will include specifics for coping with common sibling challenges such as sharing possessions (and attention), what it means to be "fair," handling sibling conflict, and more!

FF Creative Reuse For parents and teachers

Keri Piehl is the Education Coordinator at SCRAP, Portland's creative reuse center.

Creative reuse is a time-tested way for children (and adults!) to explore their environment, use their imaginations, and make the most of the resources at hand. Workshop session will include a presentation and practical tips for setting up a reuse center in your home or child center. Take home projects to get you thinking about how to reuse at home.

GG Introduction to Positive Discipline Parent focus, but with useful information for teachers

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Conference Registration Fees:

PCPO Member (Group Fee Paid)	\$20.00 (or \$30.00 at door)
PCPO Member (Group Fee Not Paid)...	\$30.00 (or \$40.00 at door)
Individual Member	\$30.00 (or \$40.00 at door)
Alumni	\$30.00 (or \$40.00 at door)
General Public	\$50.00 (or \$60.00 at door)

REGISTRATION FORM

Name: _____
 Address: _____
 City, Zip: _____
 Phone: _____
 Email: _____
 School: _____

Please note: If your name is hyphenated or you have two last names, please circle the letter of the name under which your registration should be filed.

Write the Letter	1 st Choice	2 nd Choice	3 rd Choice	Would you like to host?
Workshop 1				
Workshop 2				
Workshop 3				

Select Lunch Option (advance purchase only)

- Chicken Salad Croissant..... \$10
- Roast Beef and Cheese Sandwich..... \$10
- Veggie Pita..... \$10
- No Lunch

Select Registration Fee

PCPO School Members:

- (Group Fee Paid) \$20.00 (or \$30.00 at door)
- (Group Fee Not Paid) \$30.00 (or \$40.00 at door)

- Individual Member \$30.00 (or \$40.00 at door)
- Alumni (give school name) \$30.00 (or \$40.00 at door)
- General Public \$50.00 (or \$60.00 at door)

Total Fees:
 Registration Fee + Lunch (optional) = \$ _____

Please make checks payable to PCPO

Send this registration form with payment postmarked by Friday, February 24, to:

PCPO Conference Registration
 c/o Christie Kline
 3740 SE Main St.
 Portland, OR 97214

REGISTRATION FORM

Name: _____
 Address: _____
 City, Zip: _____
 Phone: _____
 Email: _____
 School: _____

Please note: If your name is hyphenated or you have two last names, please circle the letter of the name under which your registration should be filed.

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